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### Jennie Garth & Good Carma Studio "Girls Night Out"

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On Friday September 7, Good Carma Studio Girls Night Out event was lots of fun. Actress [Jennie Garth](#) hosted the party and along side her were her daughters. Looking great at 40 with flawless skin, great hair and slim figure, Jennie is often asked to share her beauty secrets. [FoxNews.com](#) recently posted an interview with Jennie on the Red Carpet sharing that she has a million beauty tips, that she teaches her daughters never to go to bed without a good toxin free soap and stressed to wear sunscreen religiously. She says that her daughters Luca, Lolo and Fiona are her toughest critics.

When interviewed about her beauty regime and products picks you will notice that Jennie mentions "Toxin free" and "Natural" almost every single time. She told [buzzscoop.com](#) that she always wears mascara since she has blonde eyelashes even if it is just a little, she uses it every day. She told [peoplestylewatch.com](#) and Joy Behar that she loves "Scrubby mittens" and body polish.



(Jennie checks out the ingredients in [Apothederms](#) Stretch Mark Cream. She is a fan of the Apothederms Skincare line!)



(Jennie shares the scent of [Charleston Girl perfume](#) with her girls)

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